## ABSTRACT OF DISCLOSURE

A perceptible apparatus and method for creating a subtle energy field is disclosed. The apparatus includes a light source and a plurality of configuration elements that are in effectual communication with the light source, wherein the configuration elements are adjustably selectable to produce subtle energy of different vibrations. The plurality of configuration elements are preferably selected from the group consisting essentially of a spectral color analysis of the light source, a brightness of light pulses from the light source, a wave form of light pulses through a duration of light pulse(s), and a frequency of light pulse transitions from "on" to "off," or transitions between different brightness levels. Also included in the plurality of configuration elements is an emitter in the form of a translucent element that is in light wave communication with the light source to further produce changes in the subtle energy field.